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Bolton Naturopathic Clinic
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Covid-19 Update

Dear patients, we are happy to announce that we are now able to accept in-person naturopathic appointments, including new patients, IV therapy, and acupuncture, with new safety precautions in place. Please complete the following questionnaire in advance of your appointment. Thank you for your help in keeping all our patients safe, and your patience as we adapt to these new procedures.

COVID-19 Screening Questionnaire

1. Do you have any of the following new symptoms (fever, flu-like symptoms, new onset of cough, worsening of chronic cough, shortness of breath, difficulty breathing, sore throat, decrease or loss of taste or smell)? **YES/ NO**
2. Have you had close contact with anyone with acute respiratory distress or a suspected or confirmed case of covid-19? **YES/ NO**
3. Have you travelled outside of Ontario in the last 14 days? **YES/ NO**
4. Do you have 2 or more of the following unexplained new symptoms: sore throat, runny nose/ sneezing, nasal congestion, hoarse voice, difficulty swallowing, decreased sense of smell, chills, headaches, fatigue, malaise, diarrhea, nausea, or vomiting, pink eye/ conjunctivities? **YES/ NO**
5. If over 70 years of age, are you experiencing any of the following unexplainable new symptoms: delirium, falls, acute functional decline, or severe worsening of chronic conditions? **YES/ NO**

If you answered YES to any of the above questions, you are advised to:

- Not attend in person to the clinic for at least 14 days, and to call and discuss your concerns with us. May have telemedicine appointment.
- Complete the Ontario government's covid-19 self-assessment
- Contact an appropriate authority such as your family physician, local medical officer of health, or Telehealth Ontario.

What to expect during your appointment:

- You are welcome to wear any/ all PPE (personal protective equipment) you feel comfortable with.
- We ask that patients maintain social distancing while within the clinic.
- We ask that you remain at the back door of the clinic until called in by staff for your appointment, in order to limit the number of people inside the clinic at once. You will be screened again for symptoms and temperature upon your arrival.



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- Staff will wear appropriate PPE during any procedures that require close contact, such as acupuncture, IV therapy, or a physical exam.

Our goal is to provide the optimum health for all of our patients and to keep everyone safe and healthy. Thank you for your assistance and your patience as we adapt to these changes!

~Bolton Naturopathic Clinic